

READY SEDONA

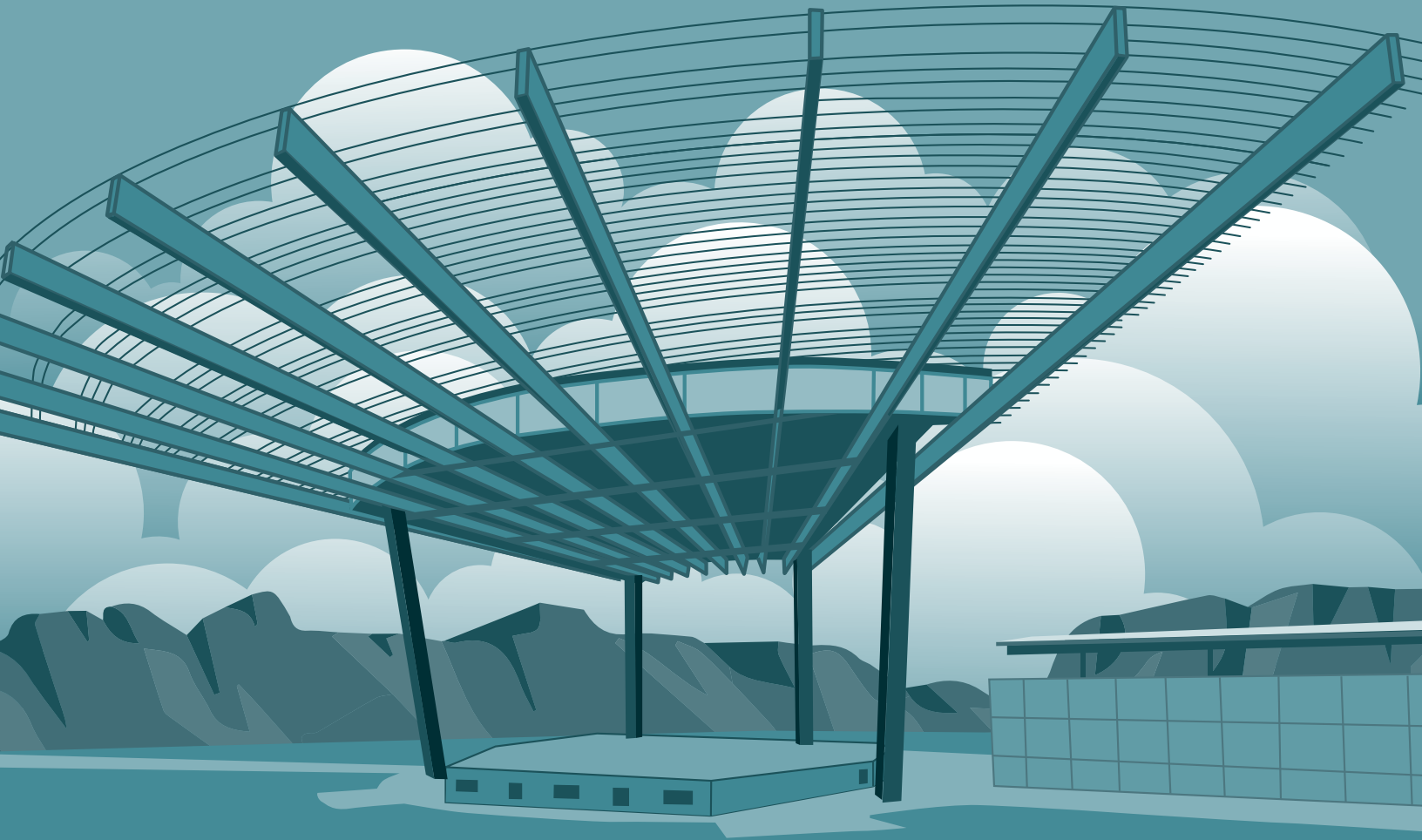
Resilient,
Resourceful,
Responsible.

**A Resident's Guide to
Emergency Preparedness**
www.sedonaaz.gov





FROM US, TO YOU...



The City of Sedona along with prepared residents of the Sedona area can ensure that we collectively together can be ready and resilient for any disaster that may arise in the future. Disaster ready residents are civic leaders in their community. **Use this Ready Sedona guide to ensure your emergency preparedness as a resident.**



City Manager's Office

102 Roadrunner Dr.
Sedona, AZ 86336

Dear Sedona residents,

Disasters represent natural or human caused events that threatens damage to life and/or property. While disasters can be unsuspected and frightening, they can also devastate a neighborhood or even entire communities. However, for those who are prepared, disasters can prove the hardiness of an individual and the resilience of a community. The City of Sedona is committed to working closely with regional emergency management partners like Sedona Fire District and Yavapai and Coconino counties, and members of our community to enhance resilience and improve preparedness.

The City of Sedona, in collaboration with our regional emergency management partners, are well prepared with coordinated emergency management plans and trained to mobilize and respond when disaster strikes. This partnership of resources contributes to the safety and well-being of our city. However, the community can also help by reading this "Ready Sedona" Community Emergency Preparedness guide. It provides critical information that empowers residents to take ownership in being equipped before, during and after a disaster.

When community members are prepared, our emergency management system and first responders are better able to efficiently focus precious resources on preventing the loss of life and mitigating damage caused to property and business. Disaster ready residents are able to contribute to the overall safety of our city by assisting their family and being a source of productive information to their neighbors. Together, we can help ensure the readiness and resiliency of our incredible city. We encourage you to actively use this resource guide as a tool in preparing for potential emergencies.

A handwritten signature in blue ink that reads "Karen Osburn".

Karen Osburn

City of Sedona City Manager

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- Family Emergency Plan Form
- HELP / OK** Door Hanger



Sign Up For Important Alert System Emergency Information

Nixle Public Safety Alerts

Nixle is our community alert system, a city sponsored alert system which offers community and traffic emergency information. Register for Nixle in two ways:

- Text REDROCKS to 888777
- You may also register on the Nixle website where you can further customize the types of alerts you would like to receive, including the option to receive email alerts: www.nixle.com

County Emergency Notifications

We encourage residents to also **register for both county-wide alert systems.**



Yavapai County: Code Red

[https://www.ycsoaz.gov/community/Emergency-Preparedness/
Emergency-Notification-System](https://www.ycsoaz.gov/community/Emergency-Preparedness/Emergency-Notification-System)



Coconino County: Smart911

www.coconino.az.gov/ready



Wireless Emergency Alert (WEA)

During an emergency, alert and warning officials need to provide the public with life-saving information quickly. Wireless Emergency Alerts (WEAs), made available through the Integrated Public Alert and Warning System (IPAWS) Infrastructure, are text messages that alert and warn the public of emergencies and threats. **You will receive these automatically if you are in the area.** With no sign-up or subscription required, WEAs are an integral part of the greater Emergency Alert System. The link for the FCC/WEA guide can be found at: https://www.fcc.gov/sites/default/files/wireless_emergency_alerts_wea.pdf

Nextdoor.com



The City of Sedona and the Sedona Police Department each have active pages on Nextdoor to engage with neighbors and share information on crime prevention, safety, public events, and emergency notifications.

We encourage you to follow us and our partners at the Sedona Fire District on social media.



City of Sedona website:
www.sedonaaz.gov/alerts



Facebook

[@CityofSedonaAZ](#), [@SedonaFire](#)



Twitter

[@CityofSedonaAZ](#), [@SedonaFD](#)



Instagram

[@CityofSedonaAZ](#), [@SedonaFire](#)



Make an Emergency Preparedness Kit

Why an Emergency Preparedness Kit is needed

Having an Emergency Preparedness Kit in your home is a critical component of effective Emergency Preparedness. With a stored supply of necessary items, you provide your family with a safety net to weather out an emergency.



Include a kit in your home,



...in each car in your household,



...and in any recreational vehicles.

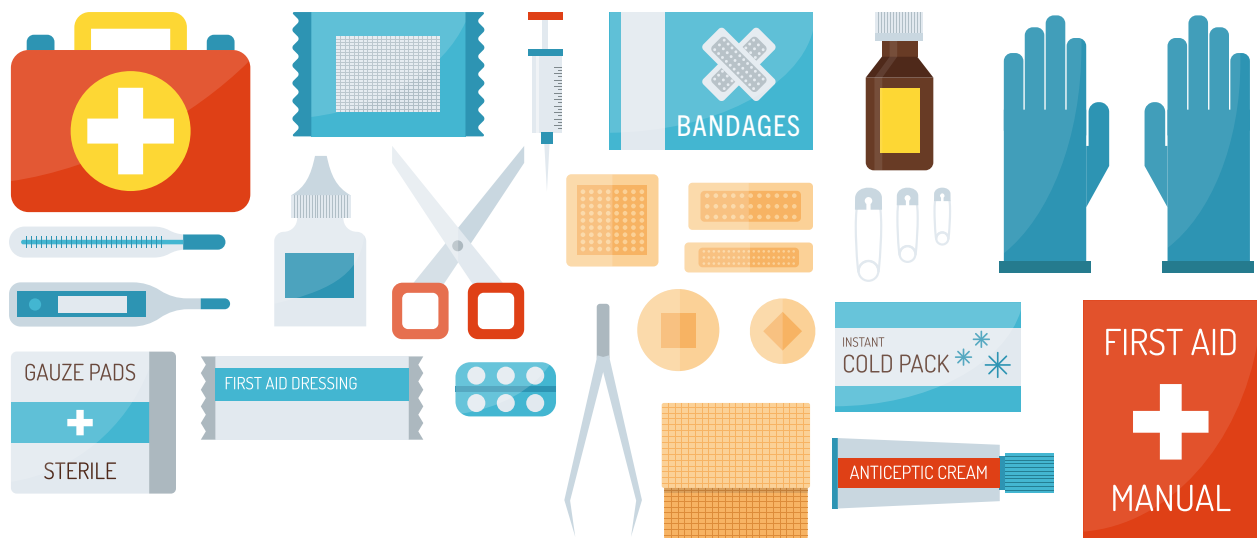
Supplies

- ❑ **Flashlight** Keep several LED flashlights at home and in your vehicles, with a stockpile of appropriate batteries. Glow sticks and emergency candles are options as well.
- ❑ **Radio** Communication is vital in all emergencies. Store multiple radios in your house that have manual/solar charging capabilities. One NOAA Weather Radio is recommended as well.
- ❑ **Clothing** Pack durable, versatile, and comfortable clothes in your emergency preparedness kit. Pack for the seasonal weather in your area.
- ❑ **Trash bags** Store enough large and small size trash bags to last at least 2 weeks during an emergency.
- ❑ **Money** Having \$1,000 in cash secured at home when possible is recommended.
- ❑ **Prescriptions** Store a 1-week supply of necessary personal medications, with an additional week's supply of non-prescription medications.



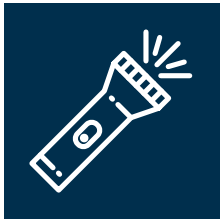
Supplies (continued...)

- ❑ **Toiletries** Pack toothpaste, soap, toilet paper, hand sanitizer, feminine products, and all other necessary toiletries in your emergency kit.
- ❑ **Water** Store at least one gallon of water per day for each person and pet. At minimum, a 3-day supply of water is recommended.
- ❑ **Utensils** Ensure you have a can opener in working order for use on non-perishable foods as well as eating utensils. If necessary, two can openers is recommended.
- ❑ **Personal documents** Copies of documents such as birth certificates, passports, driver's licenses, social security cards, and others are important to include in your emergency kit.
- ❑ **Nonperishable food** Store at least a 3-day supply of nonperishable food for you and your family's needs. Remember any special dietary needs and avoid foods that will make you thirsty or require special preparation.
- ❑ **First aid kits** are necessary to treat injuries and ailments at home. There are numerous pre-packed first-aid kits online and in store that work well in your emergency preparedness kit.



Click [here](#) to learn how to build a first-aid kit.

Supplies



Flashlight



Radio



First-aid kit



Clothing



Trash bags



Toiletries



Water



Can opener



Personal documents



Nonperishable food



Money



Prescriptions

Containers to store supplies



Extra Large Trash Bags



Duffel bag



Bucket

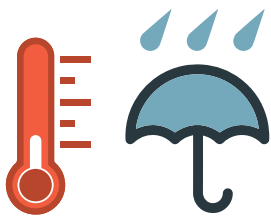
For a complete list of supplies and additional preparedness information, visit: www.Ready.gov

Maintain Disaster Kits

How to maintain your disaster kit

Once you've put together your emergency kit, you can pat yourself on your back knowing that you'll be prepared for the unexpected. That said, you can only rest easy until it's time to update your kit, which you should do every six months. But here's the good news: Keeping that kit ready in the future takes much less time than putting it together in the first place.

Emergency kit maintenance involves four simple steps:



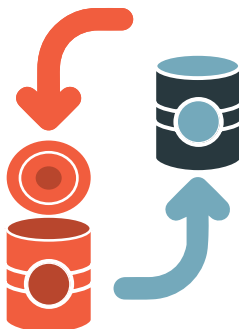
1. Store your kit in a cool, dry place that's out of direct sunlight.

The timelines in this guide are based on following this guideline. Heat, moisture and UV rays can all reduce the shelf life of perishable items in your kit.



2. Do a six-month check: Set up a calendar reminder for every six months. When that time arrives, check and replenish all expired food, water, medicines and other perishable supplies; also replace items that will expire within the next six months.

3. Do a more thorough yearly check: Reassess what's in your kit and your emergency plan; update as needed to address changing family needs. Inspect all your gear to be sure everything is in working order.



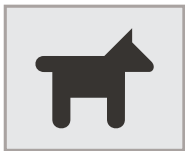
4. Replenish your kit as needed: If you ever take items out of your kit for any reason, promptly replace those supplies afterward—replace bandages taken out of a first-aid kit, for example.

Animal Preparedness

Small Animals

- ❑ **Sheltering** Before the emergency, make arrangements to shelter your animals at two different locations far apart from each other.
- ❑ **Collar** Be sure all dogs and cats are wearing collars with securely fastened current identification, including your telephone phone number and address.
- ❑ **Training** Train both dogs and cats to feel comfortable entering and remaining in a crate for fast transportation during a disaster.
- ❑ **Outdoor pets** Always bring pets indoors at the first sign or warning of a storm or disaster. Pets can become disoriented and wander away from home in a crisis.
- ❑ **Service Animals** A service animal is any dog that is individually trained to perform tasks for the benefit of an individual with a disability.
- ❑ **Pet Kit and Storage** Keep emergency pet leashes that are clearly labeled in an accessible place and store them in sturdy containers that can be carried easily (duffel bags, covered trash containers, etc.)

Supplies



- ❑ Name tags and phone numbers for collars and harnesses.
- ❑ Leashes, harnesses, gloves, and carriers to transport pets safely and securely.



- ❑ Current photos of your pets in case they get lost.
- ❑ Supplies like bowls, cat litter and pans, manual can opener, foil or plastic lids for cans.



- ❑ 3–10 day supply of medications. Medical records stored in a waterproof container.

- ❑ Keep information on feeding schedules, medical conditions, behavior problems, and the name and number of your vet in case you have to board your pets.
- ❑ First Aid Kit (including large/small bandages with elastic tape, scissors, tweezers, Q-tips, antibiotic ointment, saline eyewash, and hydrogen peroxide).
- ❑ Water and food for 3-10 days.

Setup Your Water Storage

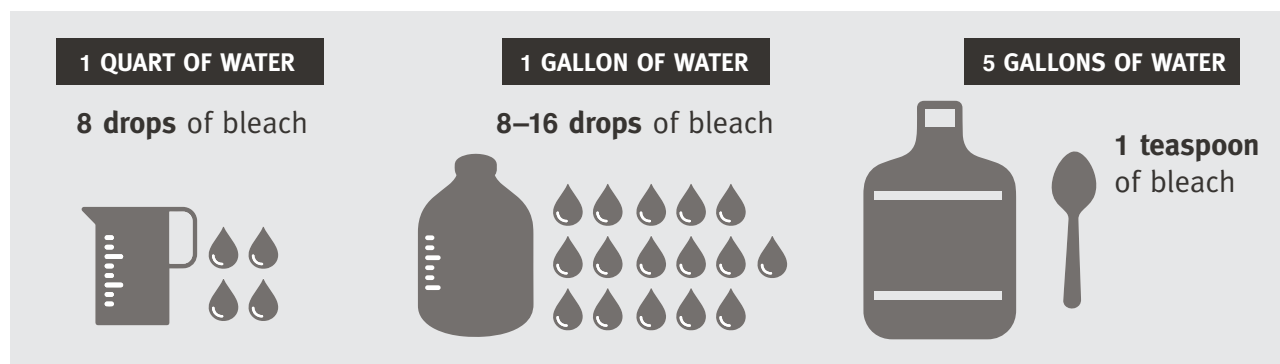
Water storage

- ❑ **How much?** It is recommended to store one gallon of water per person per day for drinking and sanitation. Children, nursing mothers and others may need more.
 - Consider water storage for your pets.
 - Very hot temperatures can double the amount of water needed.
- ❑ **Where to store?** Store water in thoroughly washed plastic, glass, or enamel-lined metal containers.
- ❑ **Do not drink** water from pools, spas, toilet reservoirs, and similar sources. These can be used for sanitary purposes only. Water from these sources contain toxic chemicals and have a high potential of causing diarrhea and dehydration.

Drinking water

How to purify water with bleach:

Eight drops of pure unscented liquid bleach per gallon of water will reduce the contaminants in the water.



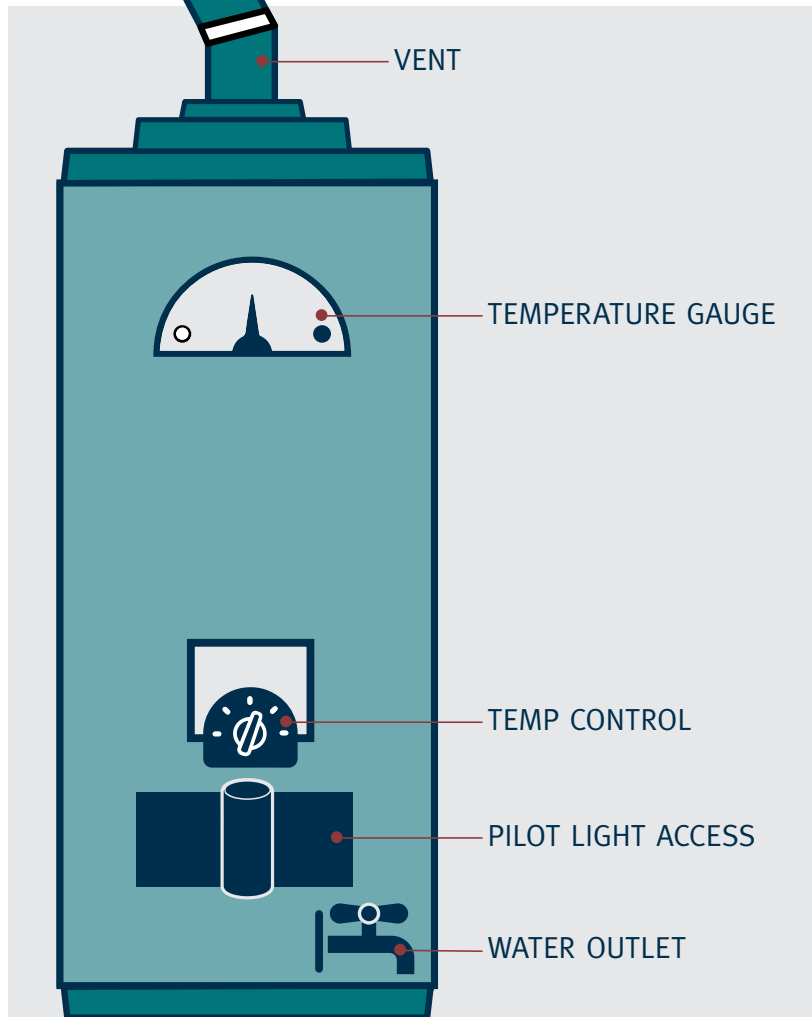
If water is murky or has an odor, add 1/8th teaspoon (8 drops) of regular, unscented liquid household bleach for each gallon of water, stir it well, and let it stand for 30 minutes before you use it.



Water from water heater tank may be boiling hot.

In an emergency you can use water already in your heater tank, plumbing, and in ice cubes.

- ❑ **Use** extreme caution. Let the water cool.
- ❑ **Turn off** cold water supply to the tank.
- ❑ **Open** the drain valve near the bottom.



Accessing reserves in your water heater:

- ❑ **Remember** some sediment at the bottom of the tank may flow at first. Continue to drain the water until it becomes clear.
- ❑ **Don't forget** to clean and sanitize your food and water containers before using them. Wash with soap and water, then fill them with a 10% unscented bleach solution. After 5 minutes, empty the bleach solution and let air dry.
- ❑ **Dirty water** should be first strained through a coffee filter, cheesecloth, or a paper towel to remove suspended matter.

Know Your Utilities



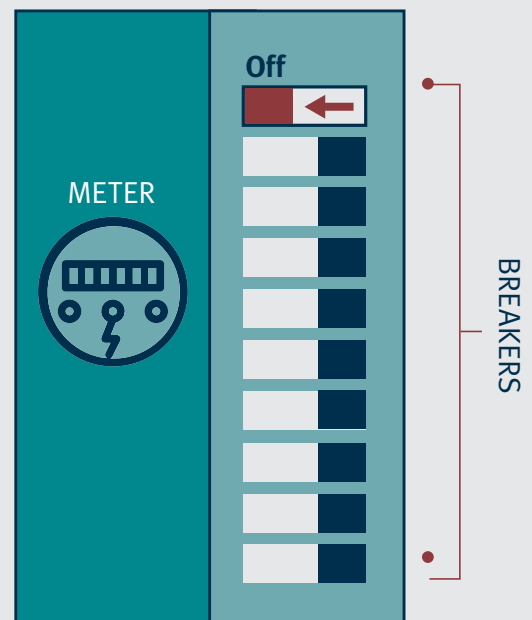
Walk carefully around your property; look for downed power wires, water, or gas leaks and damage to the structure(s). DO NOT enter severely damaged buildings, especially alone. Wait for help and use safety gear.

Turn off your electricity

❑ Electrical panel

Know where your electrical panel is and which breakers control power to your home. (Be aware of sub panels in your garage or basement)

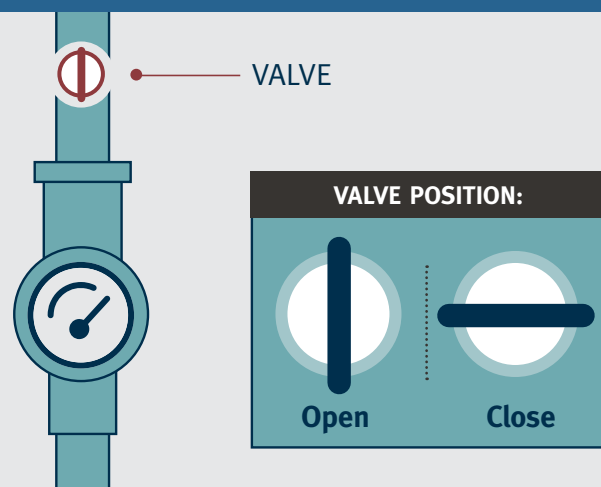
- ❑ **Do not** operate any electrical switches if a gas leak is suspected.
- ❑ **STEP 1: Turn off.** Turn off individual breakers **first**, then the main switch.
- ❑ **STEP 2: Turn on.** Turn on the main switch **first**, then individual breakers.



Turn off your water

❑ Locate the main valve

The **water shut off** valve is found where the water supply feeds the house.



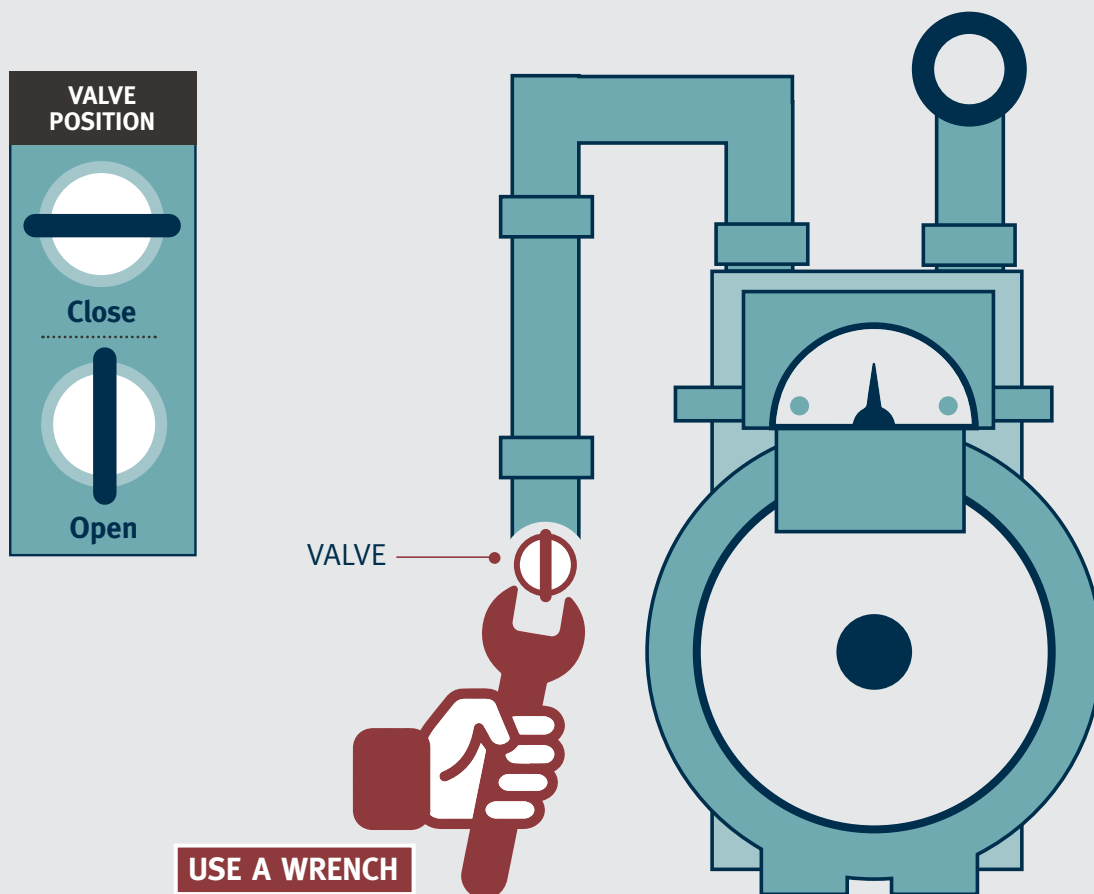
Turn off your gas

❑ **Locate your gas meter**

Learn the location of your gas meter and how to shut off the supply valve.

❑ **Do not** shut off the gas supply valve unless you smell or hear gas leaking.

❑ **Natural gas** If you have “Natural Gas” (a line from the street) the main shut-off valve is located next to your meter.



Create a Family Emergency Plan



Make a plan today. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you'll contact one another and reconnect if separated. Establish a family meeting place that's familiar and easy to find.

Consider specific needs in your household

Tailor your plans and supplies to your specific daily living needs and responsibilities. Discuss your needs and responsibilities and how people in your family network can assist one another with communication, care of children, business, pets, or specific needs like operation of durable medical equipment. Create your own personal network for specific areas where you need assistance. Keep in mind some of these factors when developing your plan:

- Different ages of members within your household
- Responsibilities for assisting others
- Locations frequented
- Dietary needs
- Medical needs (prescriptions and equipment)
- Disabilities or access and functional needs (including devices and equipment)
- Languages spoken
- Cultural and religious considerations
- Pets or service animals
- Households with school-aged children

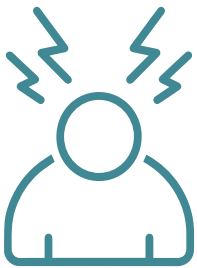
Identify Individuals in Need of Assistance

Ensure that your Family Emergency Plan includes the needs of all the members of your household. Collaborative neighborhoods are safer, especially when disaster strikes. Neighbors typically perform 70% of all rescues because of their close proximity and access to the neighborhood.



Common Needs to Consider

- Pregnant
- Mobility Device
- Elderly
- Injured
- Hearing Impairment
- Disabilities
- Baby/Children
- Non-English Speakers
- No Access to Transportation



Disaster Related Stress

The following are common reactions to disasters:

- Nausea
- Headaches
- Sadness
- Insomnia
- Alcohol/Drug Consumption
- Anger/Irritation
- Loss of Appetite
- Anxiety
- Lack of Focus

How to cope

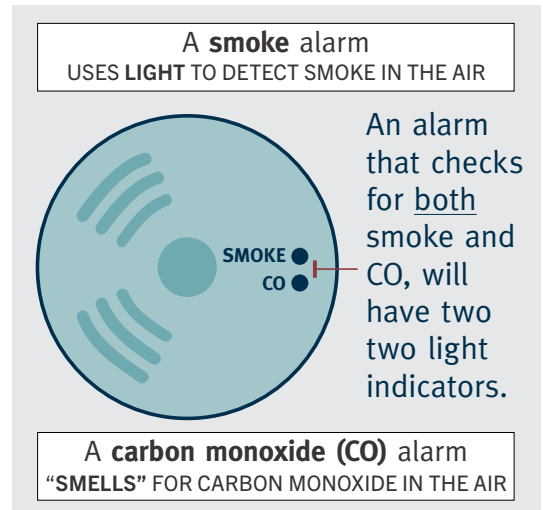
- ❑ **Seek help** from professional counselors who deal with post-disaster stress. Don't hold yourself responsible or feel that you can not help in any of the disastrous events.
- ❑ **Restock** your disaster supplies and update your family plan.
- ❑ **Maintain** a normal daily routine and spend time with your family and friends.
- ❑ **Take steps** to promote your own physical and emotional health by healthy eating, rest, and exercising.
- ❑ **Plan** and prepare for future disasters.



Set Up Your Home

Smoke and carbon monoxide alarms

In the event of a fire, properly installed and maintained smoke alarms will provide an early warning alarm to your household. These alarms could save your own life and those of your loved ones by providing early notification and a chance to escape. Smoke alarms are one of the best safety devices you can purchase and install to protect yourself, your family, and your home from the threat of fire.



Where to put smoke alarms?

Smoke alarms should be installed on every level of your home to detect rising smoke from a fire. They should be placed inside or directly outside of each bedroom and common areas, and in laundry rooms and kitchens where fires can originate. To reduce false alarms when cooking, consider installing smoke alarms at least 10 feet away from any kitchen appliances. If you have a larger home, you'll want to consider more alarms, that are situated in hallways and stairways.

How long will my smoke alarm last?

Most smoke alarms installed today have a life span of approximately 10 years. After this time, the entire unit should be replaced. When installing a new device, it is a good idea to write the date of purchase with a marker on the inside of your alarm so you will know when to replace it.

How do I know if my smoke alarm is working?

We recommend checking your smoke alarms two times a year. Set a calendar alert or mark a calendar every 6 months to check your devices. Simply press the "test" button on the device and you will hear the alarms activate. If you hear the device making intermittent noises, or chirping, it might be time to replace the device.



Evacuation Checklist



- Emergency Supply Kit**
See pages 8–10 for a full list of supplies



- Important Documents**
 - Social Security card
 - Driver's License
 - Passport
 - medical card
 - records of insurance



- Cash and Credit Cards**



- Change of Clothing**
for each family member



- Family Photos**



- Personal Hygiene**
 - toothbrush
 - toothpaste
 - shampoo
 - feminine care
 - soap
 - lotion
 - deodorant
 - tissues



- Completed Family Plan and Out-of-State Contact List**—see appendix



- Fuel**

Special considerations



- Medical Needs**
 - wheelchair
 - canes/walkers
 - medicines
 - hearing aids
 - extra batteries



- Baby**
 - diapers
 - formula
 - food
 - clothing
 - wipes



- Pets**
 - identification/tags
 - carrier/cage
 - food and water
 - muzzle
 - leash

Evacuation Terminology and Readiness

Public Safety Officials use an Immediate Evacuation Order as a protective action in certain emergencies to help save the lives of residents, visitors, and first responders. Upon receiving an Immediate Evacuation Order, you should leave as quickly as possible. Evacuation routes become severely congested during evacuations.

Types of evacuation orders

Immediate Evacuation Order

Immediate Evacuation Order means there is an imminent threat to life and property. People and their pets in the Immediate Evacuation Order area should evacuate without delay. Law enforcement personnel will clearly state that failure to evacuate may result in physical injury or death, a future opportunity to evacuate may not exist, and resources to rescue you may not be available.

Potential Evacuation Order

During events with notice or other slowly unfolding incidents where advance warning is available, there may be situations where Potential Evacuation Orders are warranted. Potential Evacuation Order means that there is a potential threat to life and property and preparations should be made should an Immediate Evacuation Order be issued. Individuals with access or functional needs should consider leaving. If at any time you feel threatened, action should be taken to leave for a safe area.

Evacuation routes are fluid and will always depend upon the nature and location of the disaster. When appropriate, Sedona residents will likely utilize West State Route 89A and South State Route 179 to evacuate the city. Specific routes will be communicated by public safety officials when evacuations occur. In the spirit of preparedness, residents should make themselves abundantly familiar with the various neighborhood streets that will take them to our major community arteries. To ensure that you and your family are fully prepared for a sudden evacuation, do a real-time test. Give yourself just 10 minutes to get your family and belongings into the car and on the road to safety. By planning ahead and practicing, you should be able to gather your family members and pets, along with the most important items they will need, calmly and efficiently, with a minimum of stress and confusion.



Ready, set, go!

Ready-Set-Go emergency notifications are primarily broadcast through both Yavapai and Coconino County alert systems. This further underscores the importance of registering for Emergency Alert information. Public safety officials will also utilize door-to-door evacuation notifications, along with additional social media messaging and loudspeakers as necessary.

Ready, Set, Go!

- 1 Prepare now:** Assemble a 'Go-Kit' with prescription medication, emergency supplies, important documents, and other essential items. Write a family communications plan and prepare your home. We should always maintain a purposeful level of readiness throughout the year.
- 2 Be Alert:** Stay aware of significant danger in your area. Be prepared to grab your 'Go-Kit' and have a plan to relocate.
- 3 Evacuate:** Follow evacuation orders from your local Sheriff's Office and Police Department. Stay on designated routes and avoid closures. **Don't delay, sign-up for emergency alerts today**

Based on the location of our city, public safety officials recommend that you register for both Yavapai and Coconino County **Emergency Notifications**. The following Arizona Emergency Information Network link provides quick access to county emergency notification systems, in addition to further emergency preparedness information.

Visit: <https://ein.az.gov/ready-set-go>



Basic First-Aid

In the event of an emergency, call 911 and perform the following steps...

Hands-On CPR



Call 9-1-1.



Check if the person is alert.



Check breathing.



If needed, begin compressions.
Push hard and fast
in center of chest.

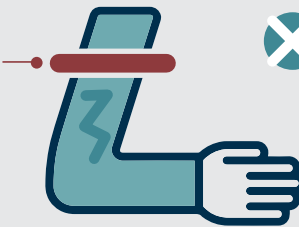


How to stop the bleeding

- Call 9-1-1**
- Apply direct pressure**
- Elevate** injured area
- Wrap** with bandage

- Use tourniquet** if needed.

Tightly tie a shirt, sheet, towels, etc. 2-4 inches above the wound.



Never apply directly on wound. Only use for limb injuries.

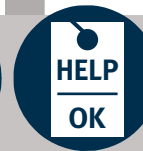
Prepare Your Neighborhood

Communicate with neighbors and first responders

Use the cards in the appendix to let your neighbors and first responders know that you've evacuated or if you need help.

If safe to do so, check on the neighbors or contact 911

Before the disaster: Store HELP / OK door hanger under your bed (along with sturdy shoes, leather gloves, and hard hats).

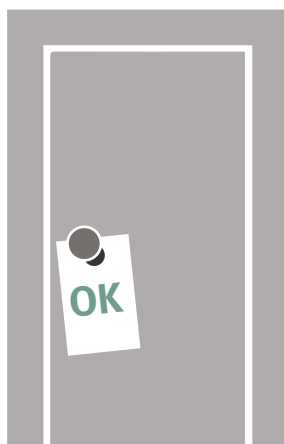


This HELP / OK hanger is located in the appendix

After the disaster: Use this door hanger on the front door or window so it's visible from the street.

FIRST: If houses are safe to enter, check houses with "Help" door hangers displayed and houses that have no cards.

LATER: Check houses with "OK" door hangers to make sure they are ok.



Wildland Fire Action Guide

The fire season is a year-round reality, requiring first responders and residents to be prepared for the threat of wildland fire. It is not a question of if, but when, the next major wildland fire will occur. Through advanced planning, understanding, and preparation we can all be partners in the wildland fire solution.

Ready: Year Round Readiness

❑ **Create Defensible Space**

Defensible space is the space between a structure and the wildland area that creates a buffer to slow or halt the spread of fire to a structure. You can create defensible space by removing weeds, brush, and other vegetation from around your property.

❑ **Making Your Home Fire Resistant Harden Your Residence**

Construction materials and the quality of the defensible space surrounding the structure are what increases the chance of survival in a wildland fire.

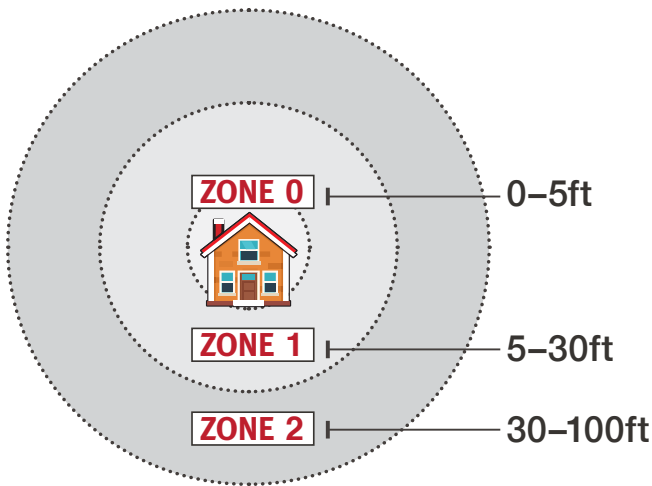
Tips

Consider the following tips for hardening your home's defensible space:

- ❑ **Ensure** vegetation within 100 feet is well managed.
- ❑ **Use** of noncombustible construction materials for decks, patio covers, and fences.
- ❑ **Prune** tree branches within 10 feet away from your roof.
- ❑ **Clear** pine needles and leaves from your roof and gutters.
- ❑ **Keep** working fire extinguishers on hand.
- ❑ **Have** multiple garden hoses that are long enough to reach any area of your home and other structures on your property.
- ❑ **Create** a family emergency plan.

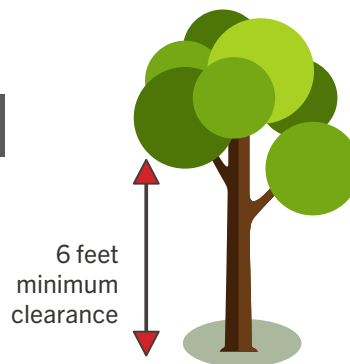


Zone spacing



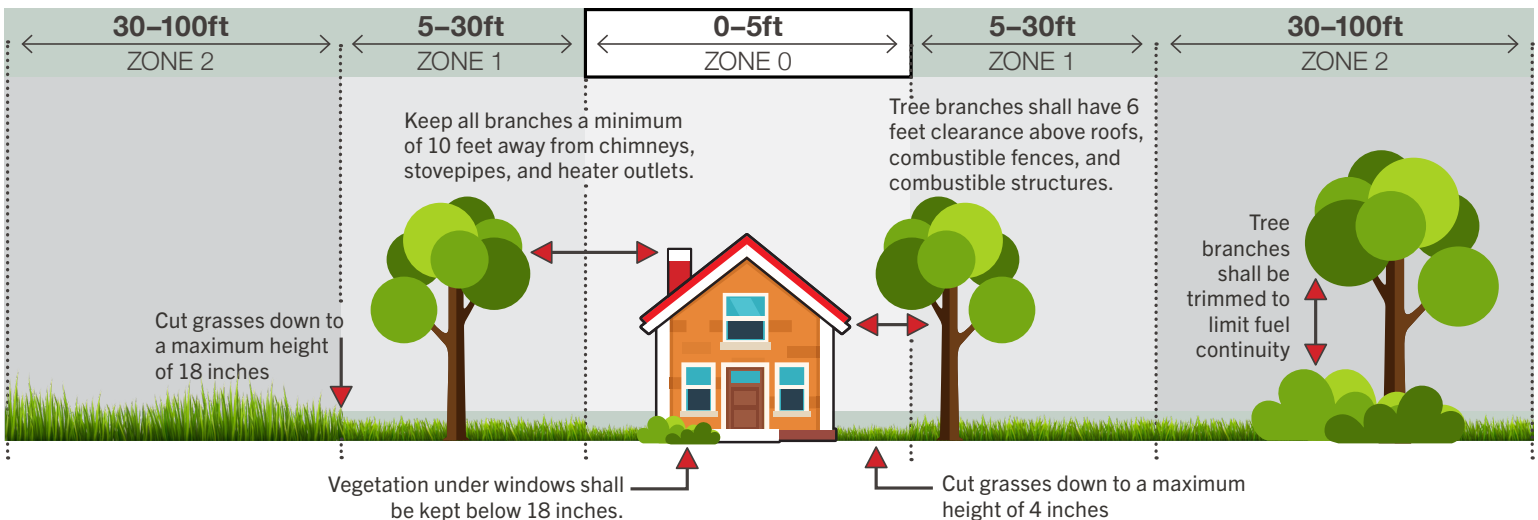
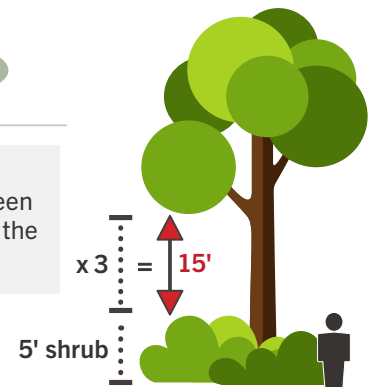
Vertical spacing

Remove all tree branches at least 6 feet from the ground. If shrubs are under trees, additional vertical space is needed. Lack of vertical space can allow a fire to move from the ground to the shrubs to the treetops like a ladder.



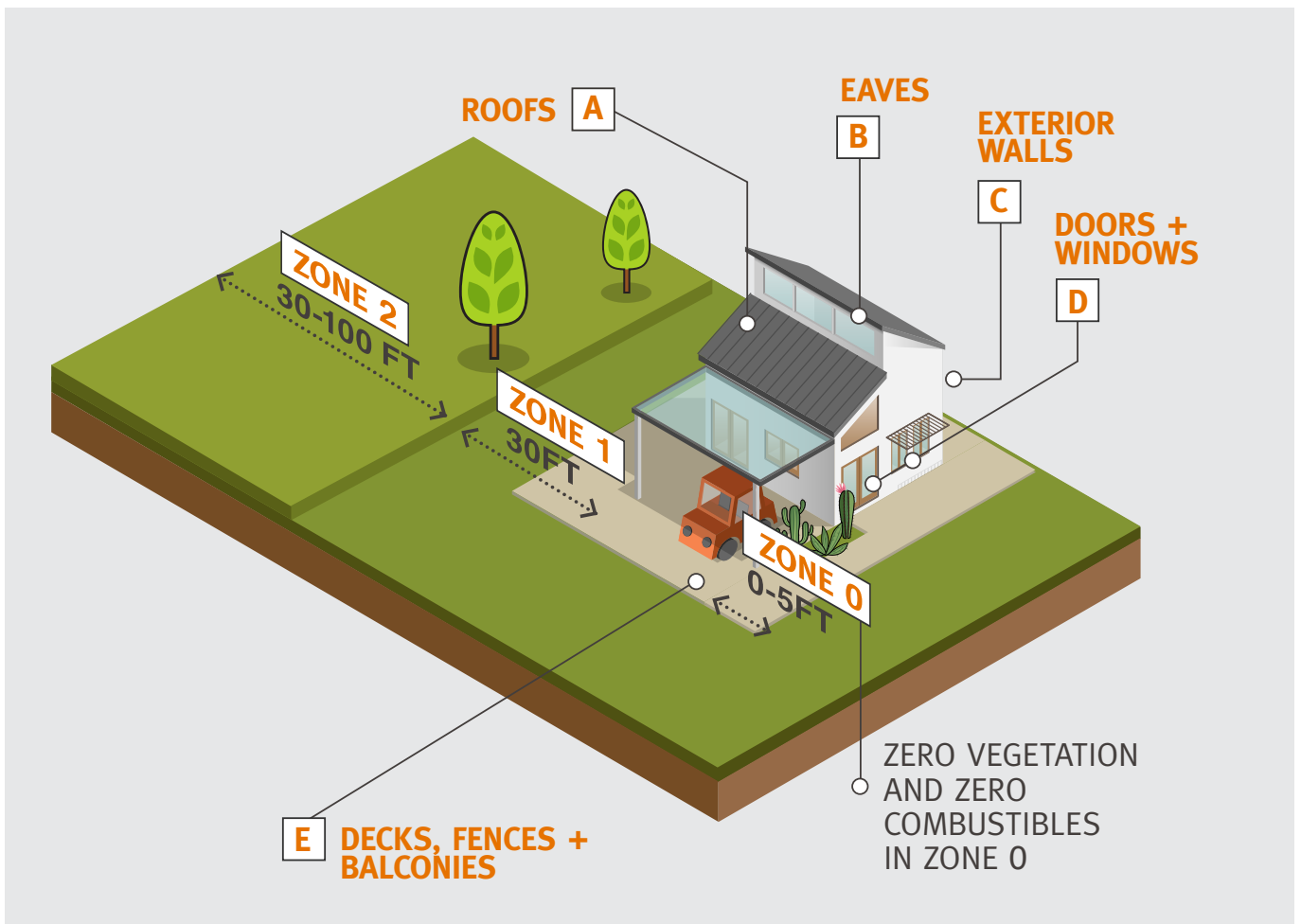
Minimum Vertical Spacing Between Trees and Shrubs. To determine the proper vertical space between shrubs and the lowest branches of trees, use the formula below.

5' shrub x 3' = 15 feet clearance needed between the top of the shrub and the lowest tree branches.



Harden your home to protect against embers.

- A** **Roofs** must be “Class A,” with ignition resistant materials such as composition, metal or tile.
- B** **Eaves** can be protected by enclosing them with stucco or cement siding to prevent ignition. **Vent openings** should be covered with 1/8” metal mesh to stop ember intrusion. Do not use fiberglass or plastic mesh because they can melt and burn.
- C** **Exterior walls** can be covered with non-combustible siding or stucco, with no gaps, cracks, or openings for embers to get in.
- D** **Weatherstripping** around windows and doors can stop embers from entering the home. Choose double pane, tempered glass windows to protect from breakage if exposed to heat.
- E** **Balconies, decks, and fences** attached to the building can be built with ignition resistant or non-combustible materials.



Set: Be Prepared

- ❑ **Ensure** your 'Go-Kit' is packed and ready.
- ❑ **Know** how to remain aware of the latest information associated with the threatening wildfire.
- ❑ **When possible,** self-evacuate out of the impacted area.

Go! Act Early

- ❑ **Get** your 'Go-Kit' and leave well before the threat approaches. Utilize a planned route that is accessible.
- ❑ **Stay aware** of the situation and follow your action plan.
- ❑ **Cooperate** with local authorities during evacuation and re-entry processes.



Public safety officials work very closely with wildland fire fighter partners to identify real-time evacuation routes and to provide as much lead time as possible.



Wildfire instances are dynamic and can be unpredictable. Therefore, being prepared, remaining informed, and evacuating early are important aspects of surviving a wildland fire.



Please take time to review the following partner agency webpages and links for informative wildland fire prevention, preparedness, and incident notification resources.

Additional wildland fire action guide resources and information can be found at: https://www.coconino.az.gov/DocumentCenter/View/20611/Ready_Set_Go_Informationpdf

Wildland fire incident specifics and updates can be found through the InciWeb—Incident Information System website: www.inciweb.nwcg.gov

Arizona Interagency Wildfire Prevention www.wildlandfire.az.gov/wildfire-resources

The Forest Service and Wildfires: www.fs.fed.us/wildlandfire/



What To Do When Disaster Strikes

First responder agencies will be working to assess damages throughout the city and determine which areas are most severely impacted. They will begin to clear disaster routes so emergency vehicles can get through to help where they are most needed. Utilities and transportation routes will be restored more slowly as they perform assessments and prepare to serve the needs of residents and emergency responders.

What you should do...

Immediately after a disaster, monitor local media for advisories and instructions from local officials. Instructions will vary according to the disaster.

Before, During and After information on the following disasters will be provided on the following pages:



Active Shooter Response



Home Fires



Disease Outbreak



Power Outages



Earthquakes



Storms and Floods



Hazardous Materials



Terrorism

Active Shooter Response



First officers on scene will **not stop** to help the injured. Their priority is to end the incident as fast as possible. **Rescue teams** will move in after the first officers and will treat and move the injured to safety.

First Run



- Get away** That is your top priority!
- Leave** behind any heavy belongings.
- Help** others if you can, but you must escape.
- Warn** others to stay away from the area.

Then Hide



Turn off your mobile phone or set in airplane mode
Phones that buzz or ring will bring attention to places of hiding.

- Stay out** of the shooter's view.
- Block** entrances and turn off lights.
- Groups of people** should spread out when hiding.
- Text 9-1-1** and text message others to silently communicate.
- Stay in place** until given the-all-clear signal.

And finally, if necessary Fight!

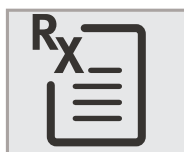


- Commit** to your actions. **Fight.** Do not hesitate.
- Rally** others and attack together.
- Be prepared** to inflict severe injury to shooter.
- Throw** objects or improvise weapons (staplers, scissors, chairs).

Disease Outbreak

Have any nonprescription drugs and other supplies on hand, such as pain relievers, stomach remedies, cough and cold medicines and vitamins.

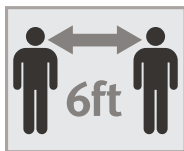
Before...



- Store** two weeks worth of supplies.
- Refill** your prescription medications.
- Maintain** health records in a safe place.
- Consider** vaccinations.

Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

During!



- Stay away** from others already sick.
- Cover** your cough.
- Keep** hands clean.
- Contact** your doctor for instructions if you are sick.

When to wear a face covering?



- If you are caring for someone who is sick**
- If you leave your home for essential errands**
- If you are ill, coughing, and/or sneezing**

Before putting on a face covering, **clean hands** with soap and water or rub your hands thoroughly with hand sanitizer. **Avoid touching** your face covering and make sure there are **no gaps** between your face and the covering.

Disease Outbreak

Different kinds of masks

Quality of face masks vary—follow guidelines provided by the CDC.



N95 MASK

Tight fitting, **filters** at least 95% of large and small airborne particles



SURGICAL MASK

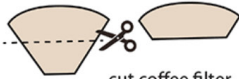
Loose-fitting, **only filters** out droplets —does not filter out airborne particles





FACE COVERING


Loose-fitting, **contains** coughs and sneezes and prevents droplets to transmit to others

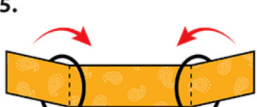
How to make a face covering


- 


1. cut coffee filter
- 

2.
- 

3. Fold filter in center of folded bandanna.
Fold top down. Fold bottom up.
- 

4. Place rubber bands or hair ties about 6 inches apart.
- 

5. Fold side to the middle and tuck.
- 

6.
- 

7.

For more information, visit www.cdc.gov



Visit these sites to learn about how to prevent the spread of disease.

Yavapai Community Health Services
www.yavapaiaz.gov/chs

Coconino County Health and Human Services
www.coconino.az.gov/2124/Health-and-Human-Services

Center for Disease Control (CDC)
www.cdc.gov

CDC's Influenza (Flu)
www.flu.gov

U.S. Dept of Health and Health Services
www.hhs.gov

Arizona Department of Health Services
www.azdhs.gov



Terms

- ❑ **Social distancing**, also called “physical distancing,” means keeping space between yourself and other people outside of your home. To practice social or physical distancing:
 - Stay at least 6 feet from other people
 - Do not gather in groups
 - Try and stay out of crowded places and avoid mass gatherings.
- ❑ **Quarantine vs. Isolation** **Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. These people may have been exposed to a disease and do not know it, or they may have the disease but do not show symptoms. **Isolation** separates sick people with a contagious disease from people who are not sick.

When and how long to stay at home

- ❑ **Safer-at-home order** generally means that citizens should make every effort to stay at home to limit the spread of a virus. In some jurisdictions a safer at home order allows non-essential businesses to remain open if they limit capacity or self-impose physical distancing in their store.
- ❑ **Stay-at-home order** tends to be more aggressive measures. Each city is different but most stay-at-home orders limit movement to essential activities (doctor visits, food, essential workers, etc.). Most states allow residents to go outside for exercise but must maintain physical distancing.
- ❑ **Shelter-in-place order** is the most restrictive. According to the CDC, shelter in place orders usually mean you should stay inside a building, room, or vehicle until additional guidance is given. Despite the more stringent nature of these orders, not all jurisdictions are using them the same. In some locations, public transit continues to operate as well as other essential businesses like grocery stores and pharmacies.



Earthquakes

Before...

- ❑ **Secure your place** by identifying hazards and securing movable items.
- ❑ **Plan to be safe** by creating a disaster plan and deciding how you will communicate in an emergency.
- ❑ **Organize disaster supplies** In convenient locations.
- ❑ **Minimize financial hardship** by organizing important documents, strengthening your property, and considering insurance.

During!

- ❑ **Drop, cover and hold on**, when the earth shakes.
- ❑ **Improve safety** after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage.

After.

- ❑ **Check areas** If it is safe, check for gas and water leaks, and broken electrical wiring or sewage lines. If there is damage, turn the utility off at the source and immediately report gas leaks to your utility company.
- ❑ **Stay Clear** Stay away from downed power lines and warn others to stay away. **Avoid gas**, do not attempt to re-light the gas pilot unless your gas line has been thoroughly inspected. Call the Gas Company for assistance.
- ❑ **Public Safety** Cooperate fully with public safety officials and follow instructions; they are trained to ensure safety. **Avoid driving**, do not use your vehicle unless there is an emergency.
- ❑ **After shocks** Be prepared for aftershocks. Stay calm and help others. Notify contacts if you evacuate, leave a message at your home telling family members and others where you can be found.

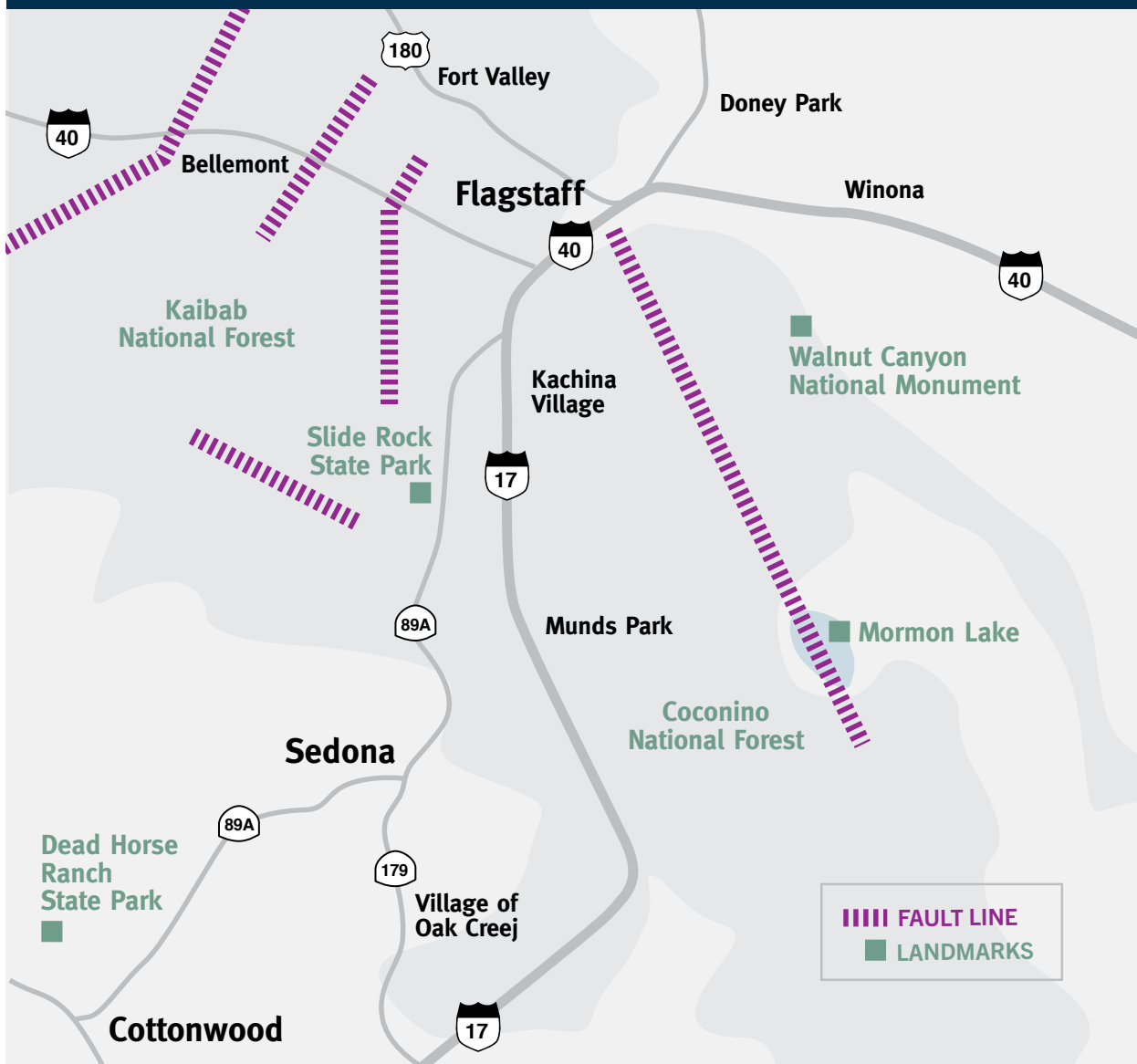


Building assessment after an earthquake

After a major earthquake, the City of Sedona will evaluate damaged buildings for usage. Look for these clearly identifiable notifications to determine if it is safe to enter any building.



Knowing where fault lines are located will help you better prepare.
During an earthquake, fault line areas can be inherently more dangerous.



Source: University of Arizona, Geological Survey Mapping



Hazardous Materials

Hazardous materials can include explosives, flammable and combustible substances, poisons and radioactive materials. Emergencies can happen during production, storage, transportation, use or disposal.

Before...

- ❑ **Build** an Emergency Supply Kit that includes plastic sheeting and duct tape.
- ❑ **Make** a Family Emergency Plan—see appendix.
- ❑ **Know** how to operate your home’s ventilation system.
- ❑ **Identify** an above-ground shelter room with as few openings as possible. Read more about sheltering in place.

During!

- ❑ **Listen** to local radio or television stations for detailed information and follow instructions carefully. Remember that some toxic chemicals are odorless.
- ❑ **If you are asked to evacuate, do so immediately.** Stay tuned to the radio or television for information on evacuation routes, temporary shelters and procedures. If you have time, minimize contamination in the house by closing all windows, shutting all vents and turning off attic fans. Take pre-assembled disaster supplies. Remember to help your neighbors who may require special assistance—infants, elderly people and people with access and functional needs.
- ❑ **If you are caught outside, stay upstream, uphill and upwind.** In general, try to go at least a half mile (usually 8-10 city blocks) from the danger area. Do not walk into or touch any spilled liquids, airborne mists or condensed solid chemical deposits. Try not to inhale gases, fumes and smoke. If possible, cover mouth with a cloth or mask while leaving the area. Stay away from accident victims until the hazardous material has been identified.



During!

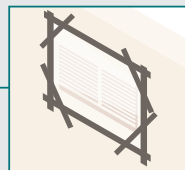
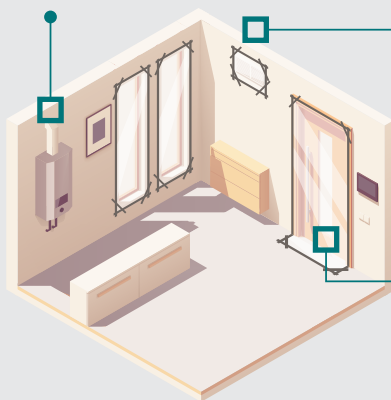
❑ **If you are in your car, stop and seek shelter in a permanent building.**

If you must remain in your car, keep car windows and vents closed and shut off the air conditioner and heater.

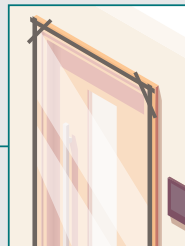
❑ **If you are asked to stay indoors...**

- Bring pets inside.
- Close and lock all exterior doors and windows. Close vents, fireplace dampers and as many interior doors as possible.
- Turn off air conditioners and ventilation systems, or set ventilation systems to 100 percent recirculation so that no outside air is drawn into the building.
- If gas or vapors could have entered the building, take shallow breaths through a cloth or a towel.
- Avoid eating or drinking any food or water that may be contaminated.
- Go into your pre-selected shelter room.
- Seal gaps under and around the following areas with wet towels, plastic sheeting, duct tape, wax paper or aluminum foil:
 - Doorways and windows
 - Air conditioning units
 - Bathroom and kitchen exhaust fans
 - Stove and dryer vents with duct tape and plastic sheeting

Turn off all fans, heater or air conditioner.



Use duct tape around the windows and doors and make an unbroken seal.



Tape plastic over any windows in the room.

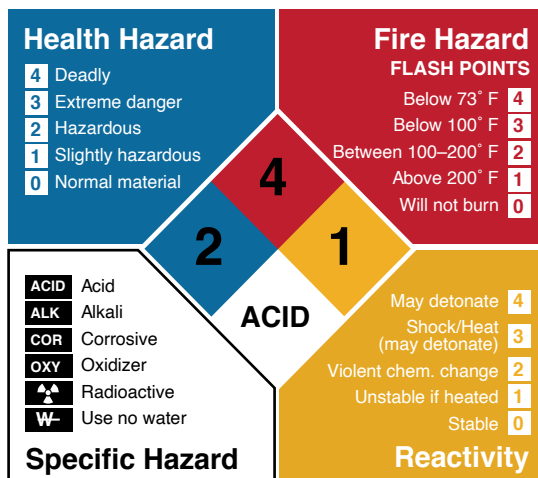
Hazardous Materials

After.

- ❑ **Listen** to local radio or television stations for the latest emergency information.
- ❑ **Go** to a designated public shelter if you have been told to evacuate or you feel it is unsafe to remain in your home. Act quickly if you have come in to contact with or have been exposed to hazardous chemicals.
- ❑ **Follow** decontamination instructions from local authorities.
- ❑ **Seek** medical treatment for unusual symptoms as soon as possible.
- ❑ **Place** exposed clothing and shoes in tightly sealed containers.
- ❑ **Advise** everyone who comes in to contact with you that you may have been exposed to a toxic substance.
- ❑ **Return** home only when authorities say it is safe. Open windows and vents and turn on fans to provide ventilation.
- ❑ **Report** any lingering vapors or other hazards to your local emergency services office.
- ❑ **Find** out from local authorities how to clean up your land and property.

Hazardous signs

Warning labels were developed to standardize toxic material notifications for materials like fuel oil, antifreeze, blood, IV bags and tubing. Use this chart to help you learn how to read and understand hazmat placards. Each number represents the severity of the hazard. The diamond shape in the center concludes with all 4 categories.



Home Fires

In just two minutes a fire can become life-threatening. In five minutes, a residence can be engulfed in flames.

Fire is fast!

In less than 30 seconds a small flame can turn into a major fire. It only takes minutes for thick black smoke to fill a house or for it to be engulfed in flames. Fire is HOT! Heat is more threatening than flames. Room temperatures in a fire can be 100 degrees at floor level and rise to 600 degrees at eye level. Inhaling this super-hot air will scorch your lungs and melt clothes to your skin.

Fire is dark!

Fire starts bright, but quickly produces black smoke and complete darkness.

Fire is deadly!

Smoke and toxic gases kill more people than flames do. Fire produces poisonous gases that make you disoriented and drowsy. Asphyxiation is the leading cause of fire deaths, exceeding burns by a 3-to-1 ratio.

Before...

❑ Create and practice a fire escape plan

In the event of a fire, remember that every second counts. Escape plans help you get out of your home quickly. Twice each year, practice your home fire escape plan. Some tips to consider when preparing this plan include: Find two ways to get out of each room in the event the primary way is blocked by fire or smoke.

- A secondary route might be a window onto a neighboring roof or a collapsible ladder for escape from upper story windows.
- Make sure that windows are not stuck, screens can be taken out quickly and that security bars can be properly opened.
- Practice feeling your way out of the house in the dark or with your eyes closed.
- Teach children not to hide from firefighters.



Home Fires

Before...

Smoke alarms

A working smoke alarm significantly increases your chances of surviving a deadly home fire.

- ❑ **Install** both ionization AND photoelectric smoke alarms, OR dual sensor smoke alarms, which contain both ionization and photoelectric smoke sensors.
- ❑ **Test batteries monthly.** Replace batteries in battery-powered and hard-wired smoke alarms at least once a year (except non-replaceable 10-year lithium batteries).
- ❑ **On every level of your home,** install smoke alarms, including the basement, both inside and outside of sleeping areas.
- ❑ **Replace** the entire smoke alarm unit every 8-10 years or according to manufacturer's instructions.
- ❑ **Never** disable a smoke alarm while cooking—it can be a deadly mistake.

Smoke alarm safety for people with access or functional needs

- ❑ **Audible alarms** for visually impaired people should pause with a small window of silence between each successive cycle so that they can listen to the instructions or voices of others.
- ❑ **Vibrating pad or flashing light smoke alarms** are available for the hearing impaired. Contact your local fire department for information about obtaining a flashing or vibrating smoke alarm.
- ❑ **Use** smoke alarms with a strobe light outside the home to catch the attention of neighbors and emergency call systems for summoning help are also available.

Before...

More fire safety tips

- ❑ **Make digital copies** of valuable documents and records like birth certificates.
- ❑ **Sleep** with your door closed.
- ❑ **Contact** your local fire department for information on training on the proper use and maintenance of fire extinguishers.
- ❑ **Consider** installing an automatic fire sprinkler system in your residence.

After.

The following checklist serves as a quick reference and guide for you to follow after a fire strikes.

- ❑ **Contact** your local disaster relief service, such as The Red Cross, if you need temporary housing, food and medicines.
- ❑ **Regarding insurance,** if you are insured, contact your insurance company for detailed instructions on protecting your property, conducting inventory and contacting fire damage restoration companies. If you are not insured, try contacting private organizations for help.
- ❑ **Check** with the fire department to make sure your residence is safe to enter. Watch out for any structural damage caused by the fire. The fire department should make sure that utilities are either safe to use or are disconnected before they leave the site. DO NOT attempt to reconnect utilities yourself.



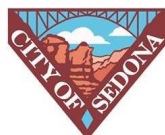
After.

- ❑ **Conduct** an inventory of damaged property and items. Do not throw away any damaged goods until after an inventory is made.
- ❑ **Begin** saving receipts for any money you spend related to fire loss. The receipts may be needed later by the insurance company and for verifying losses claimed on your income tax.
- ❑ **Notify** your mortgage company of the fire.

More tips to better prevent home fires

The following checklist serves as a quick reference and guide for you to follow before a fire strikes.

- ❑ **Cooking**
 - Stay in the kitchen when you are frying, grilling or broiling food. If you leave the kitchen for even a short period of time turn off the stove.
 - Wear short, close-fitting or tightly rolled sleeves when cooking.
 - Keep children away from cooking areas by enforcing a “kid-free zone” of three feet around the stove.
 - Position barbecue grills at least 10 feet away from siding and deck railings, and out from under eaves and overhanging branches.
- ❑ **Smoking**
 - Smoke outside and completely stub-out butts in an ashtray or a can filled with sand.
 - Soak cigarette butts and ashes in water before throwing them away.
 - Never toss hot cigarette butts or ashes in the trash can.
 - Never smoke in a home where oxygen is used, even if it is turned off.
 - Oxygen can be explosive and makes fire burn hotter and faster.
 - Be alert—don’t smoke in bed! If you are sleepy, have been drinking or have taken medicine that makes you drowsy, put your cigarette out first.



More prevention tips

❑ **Electrical and Appliance Safety**

- Frayed wires can cause fires. Replace all worn, old or damaged appliance cords immediately and do not run cords under rugs or furniture.
- If an appliance has a three-prong plug, use it only in a three-slot outlet.
- Never force it to fit into a two-slot outlet or extension cord.
- Immediately shut off, then professionally replace, light switches that are hot to the touch and lights that flicker.

❑ **Portable Space Heaters**

- Keep combustible objects at least 3 feet away from portable heating devices.
- Buy only heaters evaluated by a nationally recognized laboratory, such as Underwriters Laboratories (UL).
- Check to make the portable heater has a thermostat control mechanism and will switch off automatically if the heater falls over.
- Only use crystal clear K-1 kerosene in kerosene heaters. Never overfill it.
- Use the heater in a well-ventilated room.

❑ **Fireplaces and Wood stoves**

- Inspect and clean wood stove pipes and chimneys annually and check monthly for damage or obstructions.
- Use a fireplace screen heavy enough to stop rolling logs and big enough to cover the entire opening of the fireplace to catch flying sparks.
- Make sure the fire is completely out before leaving the house or sleeping.

❑ **Children**

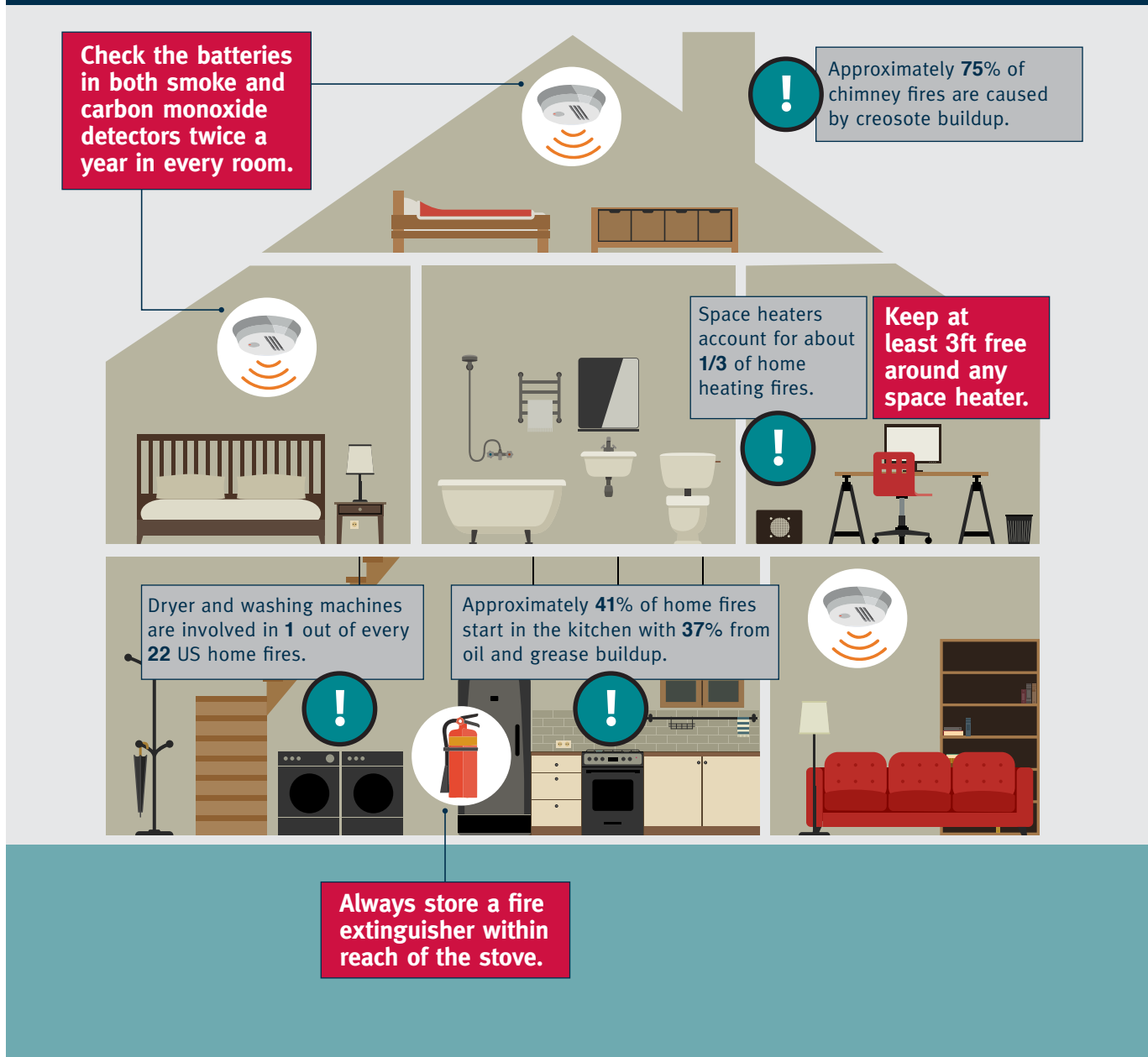
- Take the mystery out of fire play by teaching children that fire is a tool, not a toy.
- Store matches and lighters out of children's reach and sight, preferably in a locked cabinet.
- Never leave children unattended near operating stoves or burning candles, even for a short time.



Continued...More prevention tips

- ❑ **Never** use a stove range or oven to heat your home.
- ❑ **Keep** combustible and flammable liquids away from heat sources.
- ❑ **Portable Generators** should NEVER be used indoors and should only be refueled outdoors or in well ventilated

Home fire safety



Power Outages

Before...

- ❑ **Build** or restock your emergency preparedness kit, including a flashlight, batteries, cash, and first aid supplies.
- ❑ **Charge** cell phones and any battery powered devices. Also keep alternative charging methods at all times.
- ❑ **Learn** about outages, reporting, preparedness, and safety. Click here for more information: <https://www.aps.com/en/Utility/Outage/Outage-Center/Report-Outage>
- ❑ **Fuel up or Charge up** Maintain the proper fuel or charge for your vehicle. If you use your car to re-charge devices, do NOT keep the car running in a garage, partially enclosed space, or close to a home, as this can lead to carbon monoxide poisoning.
- ❑ **Buy** ice or freeze water-filled plastic containers to help keep food cold during a temporary power outage.

During!

- ❑ **No flames** Open flames are dangerous during a power outage. Only use flashlights for emergency lighting; candles can cause fires.
- ❑ **Food** Keep refrigerator and freezer doors closed. An unopened refrigerator will keep food cold for about 4 hours.
- ❑ **Power off** or disconnect all appliances and equipment in case of a momentary power “surge” that can damage computers and other devices. Consider adding surge protectors.
- ❑ **Purchase** If you are considering purchasing a generator for your home, consult an electrician or engineer. Make sure it remains outside of the house.
- ❑ **Dress** to prepare for the weather. If it’s cold outside layer clothing to stay warm and never use the oven as a source of heat. During a heatwave find places where it is cool, and avoid layering clothes.

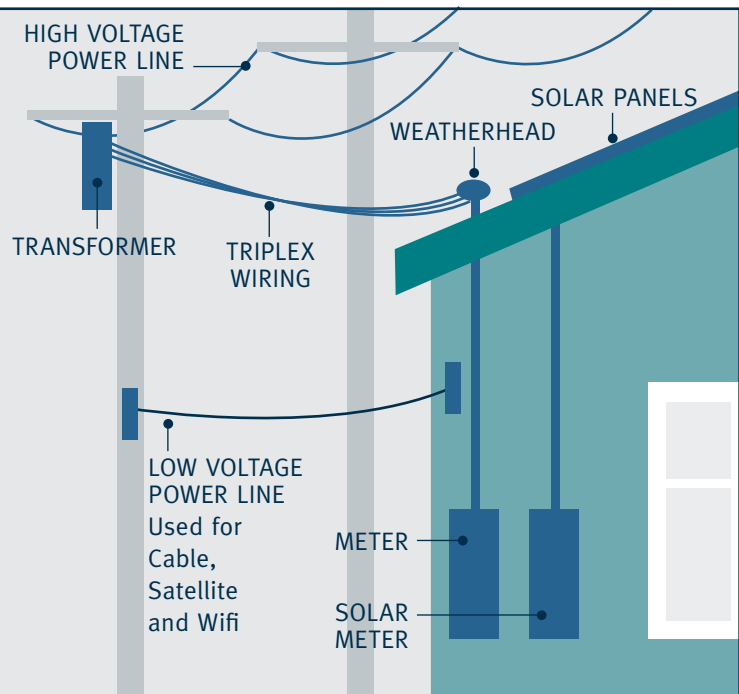


Identify your power grid

The City of Sedona does not provide the electricity for the city; we rely on Arizona Public Service (APS) for electricity.

APS Customer Service
1 (800) 253-9405

Outage Hotline (Available 24/7)
1 (855) 688-2437



After.

- Throw away** any food that has been exposed to temperatures 40° F (4° C) for 2 hours or more or that has an unusual odor, color or texture. When in doubt, throw it out!
- Check** If food in the freezer is colder than 40° F and has ice crystals on it, you can refreeze it.
- Restock** your emergency kit with new batteries, canned foods and other supplies used.
- Contact** your doctor or your local pharmacist if you're concerned about medications having spoiled.
- Reset** Unplug any electrical appliances before resetting your circuit breaker to protect them from a power surge.
- Information** Do not call 9-1-1 for information—call only to report a life threatening emergency. If you do need to make a call, use the 3-1-1 number instead for any additional information.

Storms and Floods

Flooding is a temporary overflow of water onto land that is normally dry. Floods are one of the most common hazards in the U.S. They can affect an area as small as a local neighborhood or community, to as large as an entire river basin and multiple states. The City of Sedona is no stranger to flooding, particularly in the area of Oak Creek. Flood hazard maps should be reviewed to assess your flood risk:

www.yavapaiaz.gov/ycflood/OakCreekMaps.

Before...

- Assess** the safety of your residence and belongings.
- Clean** drains and gutters around the house.
- Maintain** all slopes in a safe manner.

During!

- Do not cross** rapidly flowing streams.
- Check** drainage systems at your home and driveways.
- Watch** for mudslides and adjust drainage to reduce mudslides.

After.

- Return home** only after officials inform you it is safe to do so. Don't return to your flood damaged home if area is not safe.
- Sandbags** may help divert flood water, however they do not help when there is significant debris flow.
- Drive slowly** and carefully as many roads may have mud, debris, holes, and washed-out areas.
- Assess** damage; check hillsides, houses.



When it's raining...

- ❑ **Plan** to arrive at your home or destination in a safe neighborhood. Remain there until well after the storm has ended.
- ❑ **Wait** This could be hours or sometimes even days after the rain has stopped. Be particularly alert when driving. Watch the road for collapsed pavement, mud, fallen rocks, and other hazards.
- ❑ **Watch** Bridges may be washed out, and culverts over stopped. When you see water across a roadway, it may be difficult to see whether the road under the water has been washed away.

Safety tips for floods



Have a plan in place before an evacuation is ordered.



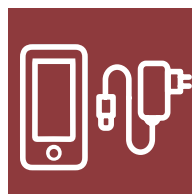
Avoid walking or driving through flood waters.



Talk to your neighbors about their plans, and encourage them to evacuate early.



If there is a chance of flash flooding, move immediately to higher ground.



Disconnect electrical appliances and do not touch electrical equipment.



Turn on your TV/radio. You will receive the latest weather updates and emergency instructions.

Terrorism

In Sedona, the “If you see something, say something” initiative provides guidance to citizens on how to report questionable behavior or situations such as an unattended backpack in a public place or someone trying to break into a restricted area. Notably, the initiative does not promote spying on others, or making judgments based on beliefs, thoughts, ideas, expressions, associations or speech unrelated to criminal activity.

Before...



SEE something, SAY something!

- Observe surroundings** Terrorists look for high visibility targets such as sporting events, political conventions, international airports, and high-profile landmarks.
- Report threats** Call or text to 911 or call 1 (602) 644-5805. Submit a tip, lead or threat to the Arizona Counter Terrorism Information Center (ACTIC) at <https://azactic.gov/report>.
- When traveling** keep track of your belongings—do not accept packages from strangers. Locate emergency exits and stairways for buildings, subways, and crowded public areas.



Preparing for terrorist attacks is the same as preparing for fires, earthquakes, and other emergencies.

- Keep** emergency supply kits.
- Train** in how to use fire extinguishers.
- Practice** evacuation drills and procedures.
- Get certified** in CPR and first aid.
- Establish** a family meeting place and create an emergency communications plan.



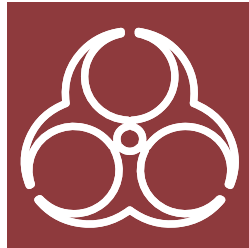
Public safety and security is everyone's responsibility. If you see suspicious activity, report it to local law enforcement.

Types of terrorism



Arson

www.atf.gov/arson



Bioterrorism

www.ready.gov/bioterrorism



Chemical attacks

www.ready.gov/chemical



Cyberterrorism

www.ready.gov/cybersecurity



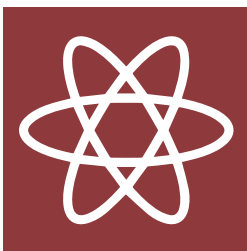
Hijackings

www.wrc.noaa.gov/wrso/security_guide/hijack.htm



Suspicious packages

www.fbi.gov/file-repository/suspicious-package-indicators.pdf/view



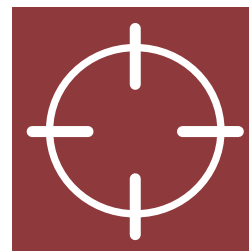
Nuclear attacks

www.ready.gov/nuclear-explosion



Radiological attacks

www.ready.gov/radiological-dispersion-device



Shootings

www.ready.gov/active-shooter



APPENDIX



This appendix includes:

- Family Emergency Plan Form
- HELP / OK Door Hanger



Step 1: Your family's name in this box

Step 2: Your family information

Address _____

Main landline phone _____

Name _____

Phone _____ Cell _____

Email _____

Other # or Social Media _____

Name _____

Phone _____ Cell _____

Email _____

Other # or Social Media _____

Name _____

Phone _____ Cell _____

Email _____

Other # or Social Media _____

Name _____

Phone _____ Cell _____

Email _____

Other # or Social Media _____

Name _____

Phone _____ Cell _____

Email _____

Other # or Social Media _____

Step 3: List your family's meeting locations

Location #1 _____

Instructions: _____

Location #2 _____

Instructions: _____

Location #3 _____

Instructions: _____

Step 4: Local contacts

Name _____

Address _____

Phone _____

Email _____

Name _____

Address _____

Phone _____

Email _____

Doctor #1 _____

Phone _____

Doctor #2 _____

Phone _____

Doctor #3 _____

Phone _____

Vet/Other _____

Phone _____

keep important numbers and information

Information Phone Line:

911 for **Emergencies**

928-282-3100 for **Non-Emergencies**

Facebook, Instagram, and Twitter:

@CityofSedonaAZ

Nixle: Text REDROCKS to 888777

Web: www.sedonaaz.gov

Step 5: Out-of-area contacts

Name _____

Address _____

Phone _____

Email _____

Name _____

Address _____

Phone _____

Email _____

Step 6: Insurance info

Homeowner/Rental Policy #1

Contact _____

ACCT.# _____

Auto Policy Company #1

Contact _____

ACCT.# _____

Auto Policy Company #2

Contact _____

ACCT.# _____

Family Medical Insurance #1

Contact _____

ACCT.# _____

Family Medical Insurance #2

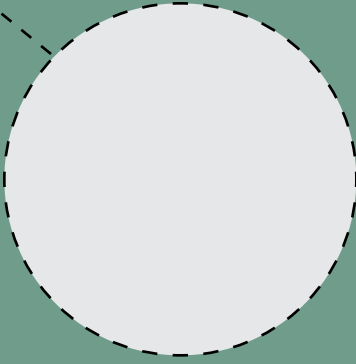
Contact _____

ACCT.# _____

Family Medical Insurance #3

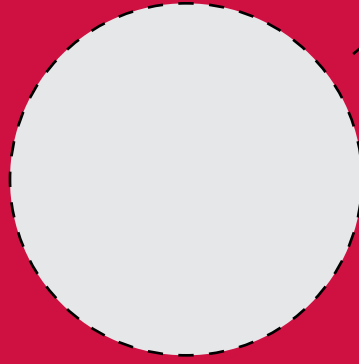
Contact _____

ACCT.# _____



OK

We are okay and have evacuated. Contact us at:



HELP

Write how many are in need of help and what aid is needed:

A large white rectangular area provided for writing the response to the prompt above.

This guide was designed to meet low-vision standards where possible.

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“Emergency Preparedness Guide” (2020)

Ready.gov contributed to “Where to Get Help to Cope”

The Guemil Project by Rodrigo Ramirez (www.guemil.info)

REI www.rei.com/learn/expert-advice/how-to-maintain-your-emergency-kit.html (2020)

Ready.gov www.ready.gov/hazardous-materials-incidents and www.ready.gov/home-fires (2020)

