



Prana of Sedona

PRANA OF SEDONA PRESENTS:



PRANA SPROUTS TWEEN YOGA CAMP

**Fun and Creative Yoga
Activities for Boys and Girls
ages 10-14!**

Learn Yoga Through:

Journaling, Games, Arts and Crafts,
Music and Dance, Flow and Movement



\$200

Include a Fress
Camp T-Shirt!

JULY 10-14, 2023

9am-12pm

THE REC ROOM

AT POSSE

GROUND PARK

525-D Posse Ground Rd
Sedona, AZ 86336

REGISTER ONLINE

www.sedonaaz.gov/camps

in collaboration with the
City of Sedona

